

Priorities, Margins, & Fatigue

@treyford

#RVAsec

...coming off a break!



Flight Lessons



+ 250k

- 22k





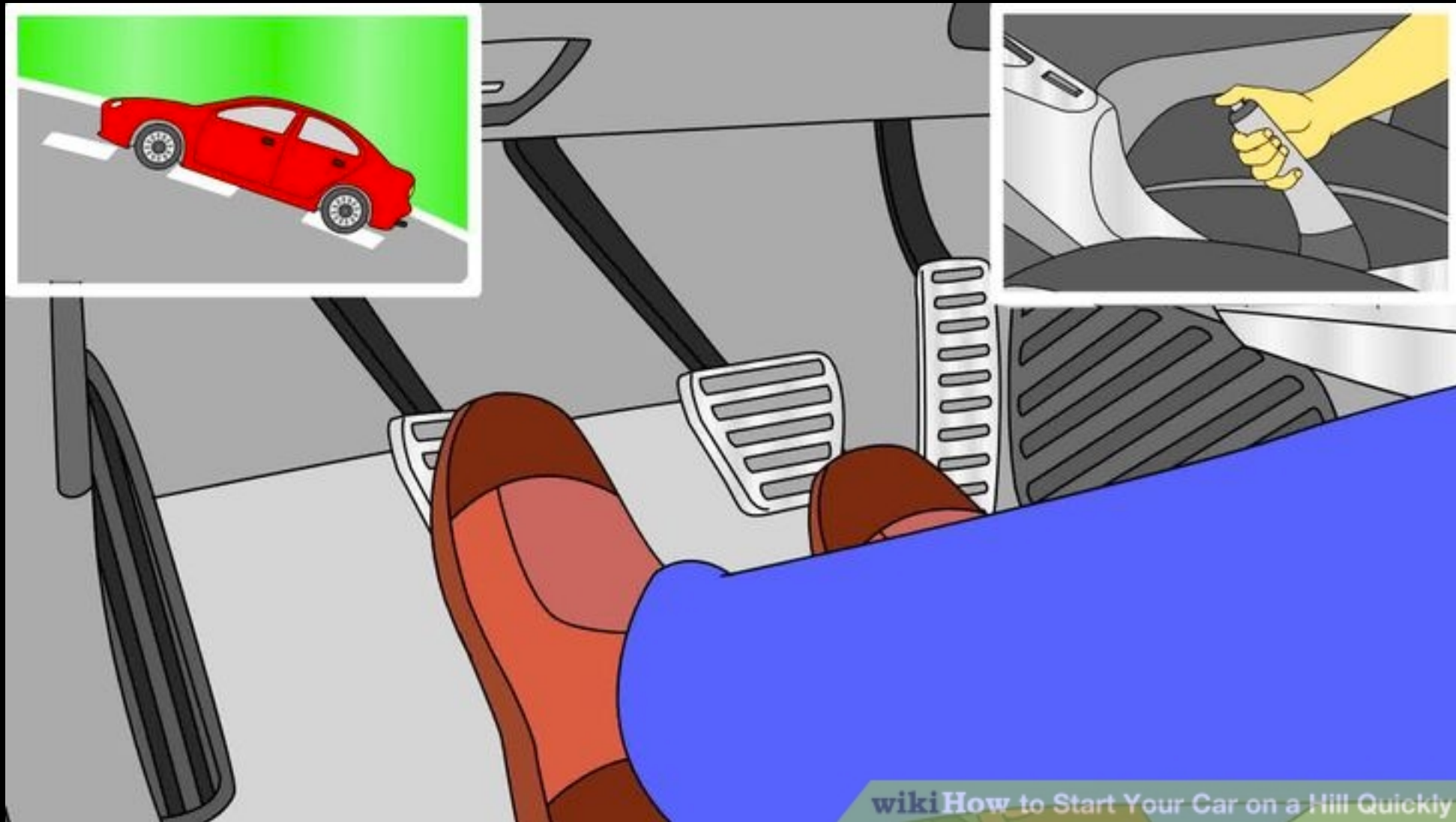


Flight Lessons == Trying to kill my Instructor



Priorities, Margin & Fatigue

P: The Next Two Things



P: The Next Two Things:

WHAT AM I NOT DOING!?

P:



**KEEP
CALM**

AND

AVIATE, NAVIGATE

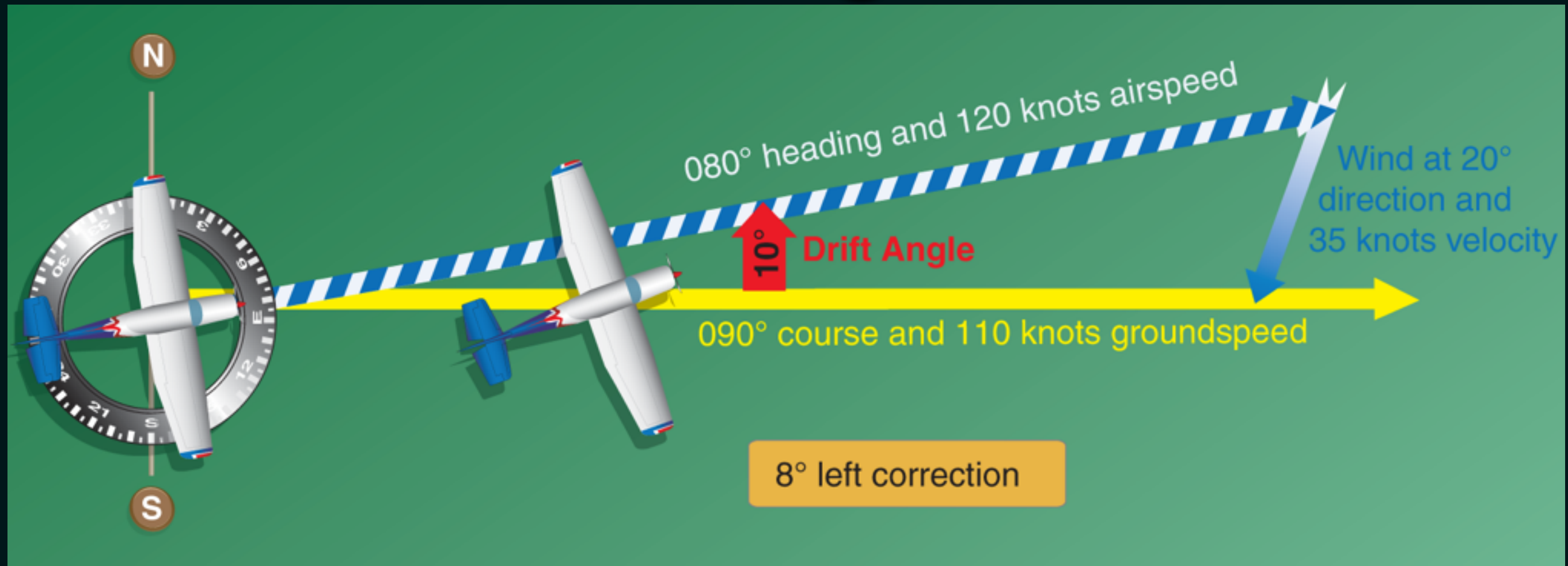
AND COMMUNICATE !!

P:

- Aviate,
- Navigate
- Communicate

- ✦ **(what do I need to know)**
- ✦ **(why do I care)**
- ✦ **(what do you need from me?)**

P: Navigation, Pilotage, Dead Reckoning

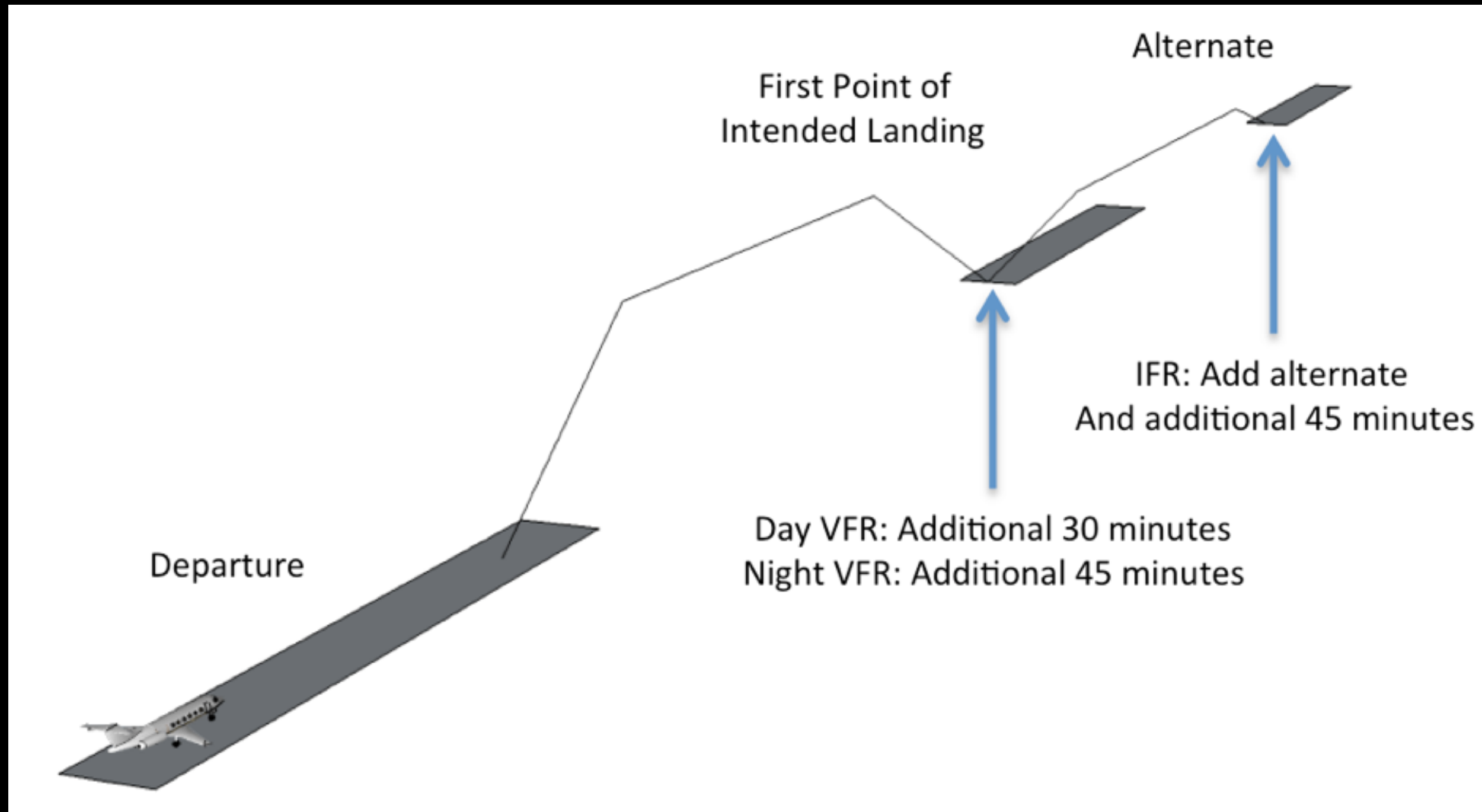


**(basically flying sideways)
... and tricky flight examiners**

Priorities, Margin & Fatigue

M: Fuel Reserves (energy & lifestyle)

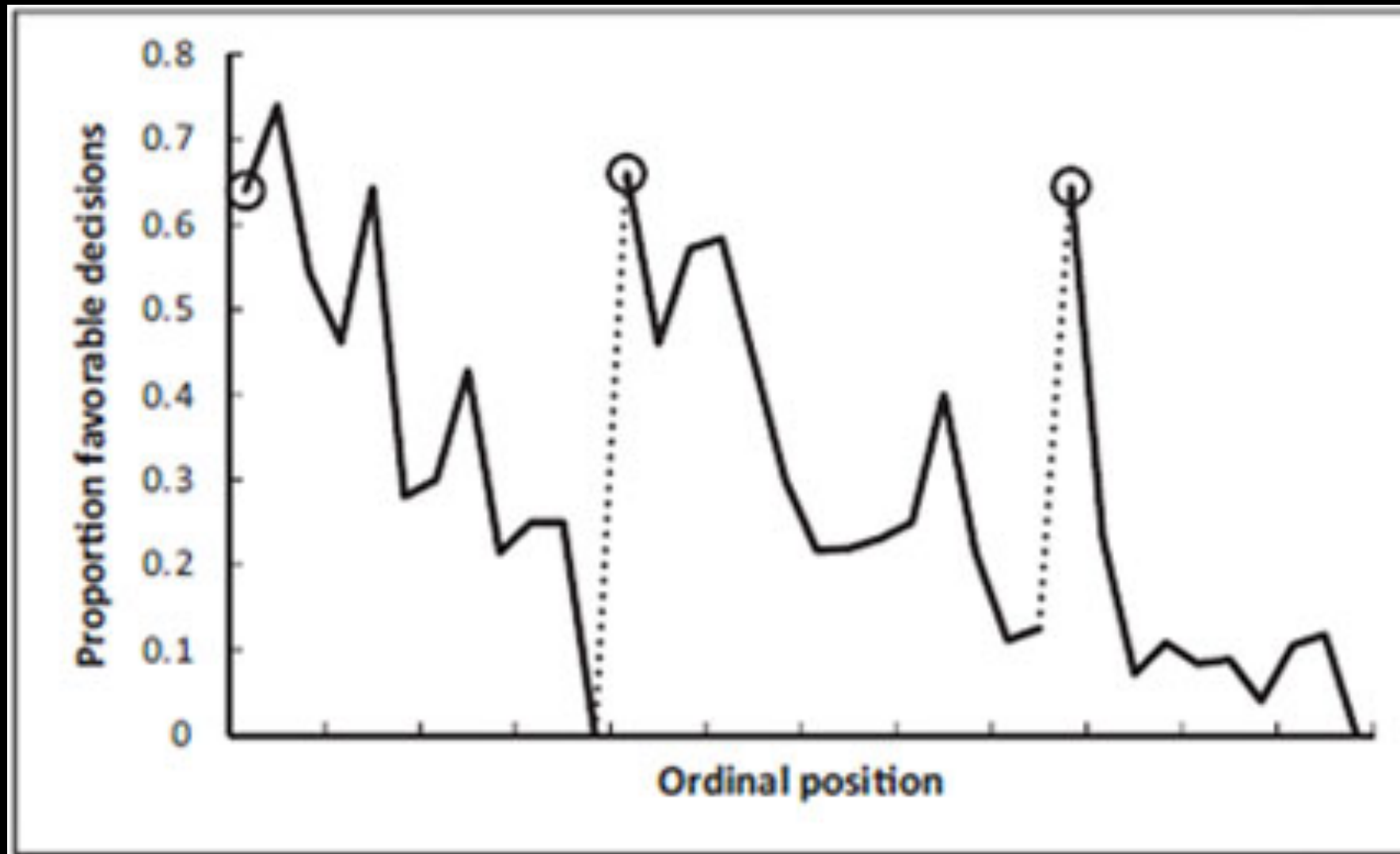
— > & Regulations



Priorities, Margin & Fatigue

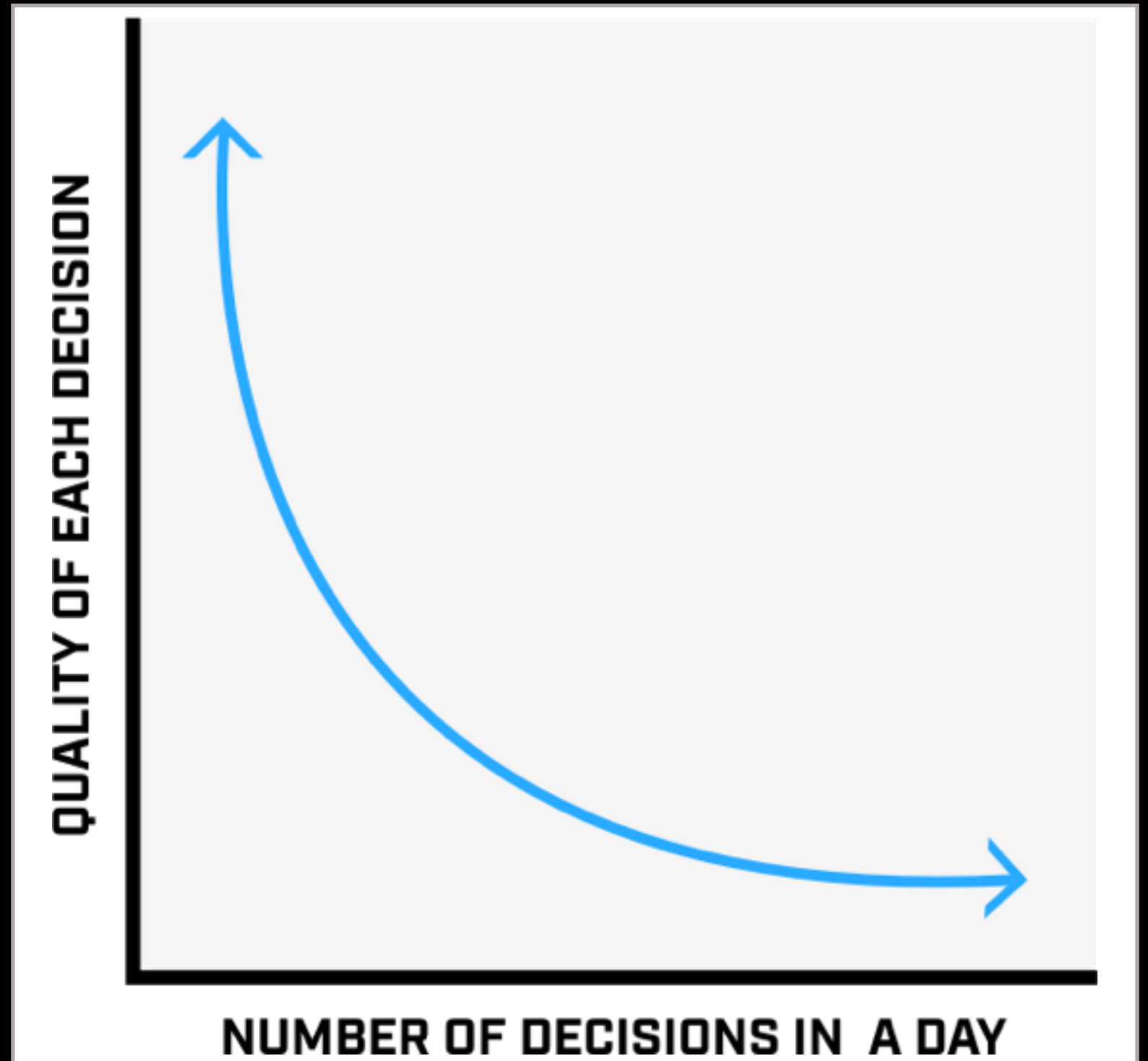
**If you do not manage
your calendar,
something else will.**

F: Decision Fatigue



F: Decision Fatigue

- ✦ Legal
- ✦ Medical
- ✦ Sales



<http://www.gaviningham.com/have-you-lost-touch-with-core-selling-hours-the-sales-apprentice-2012-week-6/>

<http://www.businessinsider.com/6-productivity-hacks-that-tripled-my-income-2016-6>

F: Minimizing Errors

- > Staying Straight & Level
- > (nothing is what it seems)

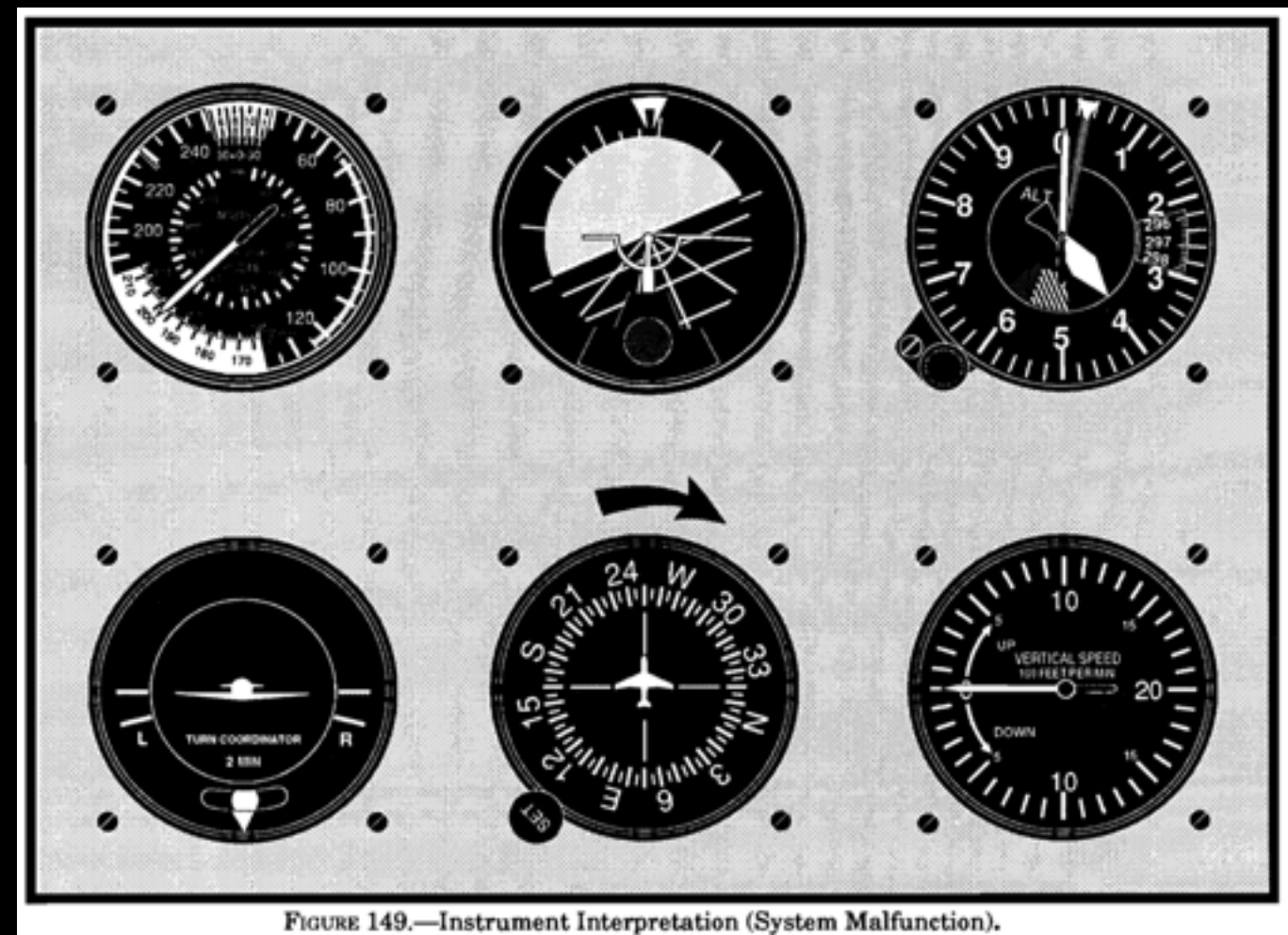




FIGURE 149.—Instrument Interpretation (System Malfunction).



Vacuum System
Failure



FIGURE 149.—Instrument Interpretation (System Malfunction).

F: “Icarus Hours”



James Bond, Die Another Day
(Gustav Graves' secret weapon)



Priorities, Margin & Fatigue

- ✧ P: “Next Two Things”
 - > “What am I not doing?”
- ✧ P: Aviate, Navigate, Communicate
 - > Perspective: Navigation, Pilotage & Dead Reckoning
 - > Winds & Flying Sideways
- ✧ M: Lifestyle, Energy, & Fuel Reserves
 - > Regulations
- ✧ F: Decision Fatigue
 - > The Curve
 - > Minimizing Errors
 - > “Icarus Hours”